

All Benedicts are served with ranch potatoes or grits.

VEGGIE BENEDICT*

green onions.

hollandaise sauce.

STEAK & EGGS*

and a choice of toast.

salsa or pork green chili

WISCONSIN SCRAMBLE

or grits and a choice of toast.

toast. With bacon or sausage

CORNED BEEF HASH*

flour tortilla

of salsa

on the side

MORNING HARVEST

BERRY-OLA OATMEAL

sugar and fresh fruit on the side.

With bacon or sausage

ATHENA SCRAMBLE

PARISIAN BENEDICT*

hollandaise sauce and green onions

two poached eggs, hollandaise sauce and

ARTICHOKE FLORENTINE BENEDICT*

Toasted English muffin topped with creamed

cheese. Topped with two poached eggs,

A buttery croissant half layered with shaved ham,

sautéed portabella mushrooms and melted Swiss

Two English muffin halves layered with portabella

sliced tomatoes and Greek seasoning. Topped with

spinach, artichokes, two poached eggs and tomato

Choice top sirloin and two country-fresh eggs

➢ COLORADO JACK SCRAMBLE

Three eggs scrambled with a quartet of cheeses:

Three eggs scrambled with zesty feta cheese,

Swiss, Monterey Jack, Cheddar and cream cheese.

cooked to order. Served with ranch potatoes or grits

Diced ham, green peppers, tomatoes and onions

scrambled with three eggs and topped with melted

pepper jack cheese and green onions. Served with

Topped with green onions. Served with ranch potatoes

asparagus, diced tomatoes and portabella mushrooms.

Served with ranch potatoes or grits and a choice of

Corned beef mixed with hash potatoes and onions.

Diced grilled chicken mixed with hash potatoes,

jalapenos, green peppers and onions. Topped with

pork green chili, two eggs any style, mixed cheese,

Roasted mushrooms, peppers, onions, Roma tomatoes

and spinach with hash potatoes. Topped with mixed

cheese, two eggs any style and tomato hollandaise sauce. Served with an English muffin.

sour cream and guacamole. Served with a warm

WILD MUSHROOM & VEGGIE HASH*

Each Smarter Choice entreé served with

VERA CRUZ CHICKEN & AVOCADO OMELETT

An egg white omelette with diced chicken,

tomatoes, onions and green chiles. Topped with

melted Cheddar and Monterey Jack cheeses and fresh avocado. Served with fresh fruit and a side

Steel cut oatmeal served with brown sugar, golden

Steel cut oatmeal topped with fresh blueberries,

raspberries and crunchy granola. Served with brown

raisins and dried cranberries with fresh fruit

hollandaise sauce and an English muffin

GREEN CHILI CHICKEN HASH*

Topped with two eggs any style. Served with a side of

bacon or sausage, a choice of toast and a side of

mushrooms, spinach, artichoke hearts, asparagus,

EGGS BENEDICT*

Two English muffin halves topped with ham, two poached eggs, hollandaise sauce and green onions. **HIKER'S BENEDICT***

Diced ham, asparagus, tomatoes, portabella mushrooms and two poached eggs on two English muffin halves. Topped with dill hollandaise sauce and two strips of bacon. **CRAB CAKE BENEDICT***

Two English muffin halves topped with grilled crab cakes, tomato slices, two poached eggs and hollandaise sauce.

NEW ORLEANS BENEDICT*

Home-style biscuit topped with Andouille sausage and tomato gravy, diced ham, green onions, two poached eggs and hollandaise sauce.

Great Eggs-pectations

EGGS PLUS*

Two country-fresh eggs cooked to order. Served with ranch potatoes or grits and a choice of toast. With bacon, sausage or ham

TURKEY SAUSAGE & EGGS*

Two eggs cooked to order with three turkey sausage patties, ranch potatoes or grits and a choice of toast. BREAKFAST CROISSANT

Scrambled eggs, diced ham and melted cheese served on a bakery-fresh croissant. Served with ranch potatoes or grits.

DELUXE EGG SANDWICH

Two fried eggs, sliced ham, bacon strips, tomato, mayonnaise and Havarti dill cheese stacked on grilled sourdough bread. Served with ranch potatoes or grits. **BISCUITS & GRAVY***

Fluffy home-style biscuit topped with sausage gravy. Served with two eggs any style and ranch potatoes or grits. With bacon, sausage or ham



CAMBRIDGE SKILLET* Diced ham bacon and hollandaise sauce on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin.

TEXAS SKILLET*

Seasoned steak strips, roasted red and green peppers, onions and portabella mushrooms on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin

CORDON BLEU SKILLET*

Diced chicken, ham, Swiss cheese and hollandaise sauce on a bed of ranch potatoes with two eggs any style. Served with an English muffin.



MEDITERRANEAN FRITTATA

Egg whites accompanied by diced chicken, mozzarella, roasted tomatoes, Parmesan cheese and Greek seasoning. Served with fresh fruit.

EGG BYTE OMELETTE

A three egg white omelette with diced tomatoes, green peppers, baby spinach, onions and portabella mushrooms. Served with fresh fruit and a side of salsa

FRESH FRUIT & YOGURT Fresh fruit with vanilla yogurt and granola.

BREAKFAST SUNDAE

Layers of crunchy granola, fruit, low-fat yogurt and crisp apple slices in a tall parfait glass.

Cholesterol-free eggs or egg whites may be substituted for .99

*COOKED TO ORDER, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE THE RISK OF FOODBORNE ILLNESS. PLEASE LET US KNOW IF YOU HAVE FOOD ALLERGIES. NOT ALL INGREDIENTS ARE LISTED ON THE MENU.



Eggs Olé Each Eggs Olé entrée served with ranch potatoes.

SUNRISE CHILE RELLENOS

Whole roasted green chile strips filled with melted Monterey Jack and Cheddar cheeses folded inside lightly cooked whipped eggs. Topped with salsa or pork green chili, melted cheese, lettuce, diced tomatoes, sour cream and green onions.

SANTA FE HUEVOS*

A flour tortilla layered with seasoned black beans, melted pepper jack cheese and two eggs any style Topped with pork green chili or salsa, guacamole. diced tomatoes, sour cream and green onions. Add chorizo (a zesty sausage)

MEXICAN OMELETTE

Chorizo, green chiles and onions, topped with Monterey Jack and Cheddar cheeses, salsa or pork green chili, sour cream and green onions.

HUEVOS RANCHEROS* A flour tortilla layered with refried beans, melted cheese and two eggs any style. Topped with salsa or pork green chili, sour cream and green onions.

Add chorizo (a zesty sausage) BREAKFAST BURRITO

Three eggs lightly scrambled with green chiles, onions, ranch potatoes and diced pork sausage. Wrapped in a warm flour tortilla and topped with melted Monterey Jack and Cheddar cheeses, pork green chili or salsa, lettuce, tomatoes, sour cream,

guacamole and green onions. **MEXICAN SKILLET***

Chorizo, black beans, green chiles, diced tomatoes and onions on a bed of ranch potatoes with a choice of pork green chili or salsa. Topped with pepper jack cheese and two eggs any style. Served with a flour tortilla.

Omelettes & Frittatas and choice of toast.

	OWN OMELETTE ingredients from below. Add any of these ingredients for .50 each • Green Peppers • Green Onions • Tomatoes • Roasted Tomatoes • Spinach • Artichoke Hearts
SPINACH BACON MUSHROOM OMELETTE Fresh spinach, bacon, portabella mushrooms and melted Swiss cheese. Topped with hollandaise sauce.	CAJUN OMELETTE Andouille sausage and tomato gravy, diced ham, green onions and pepper jack cheese. GREEK FRITTATA Diced ham, attichola harate, reacted Rama tomatog

EGG-CEPTIONAL OMELETTE Sausage, diced ham, bacon, onions, tomatoes, portabella mushrooms and melted cheese. Topped with sour cream and green onions. DENVER OMELETTE Diced ham, onions, green peppers and melted cheese. Diced ham, artichoke hearts, roasted Roma tomatoes, asparagus and portabella mushrooms. Topped with basil pesto and Havarti dill cheese. GARDEN FRITTATA A harvest of fresh vegetables, diced tomatoes, green peppers, onions, portabella mushrooms and fresh baby

spinach with Cheddar and Monterey Jack cheeses.

FOR JUST \$3.00

MAKE IT A COMBO

ADD 2 Eggs and

2 Strips of Bacon

or Sausage Patties

FOR JUST \$3.00

Pancakes, Waffles & French Toast

*** THE FLAPPER** An extra large whole wheat pancake, two eggs and two strips of crisp bacon or sausage patties.

PLAIN 'N SIMPLE PANCAKE

BLUEBERRY PANCAKE Served with a side of blueberry compote. RASPBERRY GRANOLA PANCAKE Whole raspberries and granola with low-fat raspberry yogurt instead of butter.

pancake. Served with cinnamon butter.

APPLE CINNAMON GRANOLA PANCAKE Crunchy granola and apple slices baked into a whole wheat

Our extra large whole wheat pancakes are served with warm syrup.

WAFFLE EGGSPRESS* A golden Belgian waffle, two egg	s and two strips	of crisp bacon	or sausage patties.
IT'S OK TO WAFFLE			

Single waffle.
THE PATRIOT WAFFLE
Fresh raspberries and blueberries with a dusting of
powdered sugar.

STRAWBERRY BANANA & WALNUT WAFFLE Fresh strawberries, bananas and walnuts topped with powdered sugar and whipped cream

➢ VIVA LA FRANCE[∗]

Two pieces of French toast, two eggs and two strips of crisp bacon or sausage patties

FRENCH TOAST

Three pieces of sourdough bread dipped in a custard batter. Grilled golden and sprinkled with powdered sugar. STUFFED FRENCH TOAST

Two pieces of French toast filled with diced pork sausage, melted cheese and scrambled eggs. Served with ranch potatoes. **RAISIN FRENCH TOAST***

Raisin bread French toast topped with cinnamon butter. Served with two eggs and two strips of bacon or sausage patties.

Lunch Classics

······ 😕 PREMIUM SALAD COMBOS CHOOSE 1/2 ENTRÉE SALAD AND 1/2 SANDWICH OR CUP OF SOUP Salads: Sandwiches: Soup: Chicken Spinach • Reuben (Classic or Turkey) · Soup of the day • Cobb • Chicken Apple Walnut

- Greek Southwest Tortilla Chicken Apple Walnut • Chopped
- Turkey Apple Croissant Arizona Turkey • BLT
- Ask your server for today's selection!
- Dressings available: Ranch, Balsamic Vinaigrette, Entrée Salads Bleu Chéese, Thousand Island, Low-Fat Raspberry Vinaigrette and Low-Fat Avocado Ranch.

SOUTHWEST TORTILLA SALAD

ranch dressing and green onions.

CHOPPED SALAD

on a croissant

CLASSIC CLUB

greens in a balsamic vinaigrette.

TURKEY APPLE CROISSANT

CHICKEN APPLE WALNUT

tomato on grilled raisin bread.

TRIPLE PLAY

homemade soup or a garden salad.

CHICKEN APPLE WALNUT SALAD

Crispy tortilla strips, sliced grilled chicken

tomatoes, and mixed greens tossed in a salsa

vinaigrette. Garnished with a low-fat avocado

Our chicken-apple-walnut salad on top of mixed

salad greens and diced tomatoes. Sprinkled with

toasted walnuts. Served with a choice of dressing.

Sliced grilled chicken, bleu cheese, tomatoes, bacon,

avocado, apples and spicy pecans tossed with mixed

Smoked turkey, Swiss cheese, fresh apple, apple

A blend of chicken, apples, walnuts, celery, green

onions and mayonnaise. Served with lettuce and

The classic sandwich with layers of ham, smoked

turkey, bacon, Cheddar cheese, Monterey Jack

butter, cranberries, golden raisins and spinach

mixed cheese, black bean and corn salsa, roasted

CHICKEN SPINACH SALAD

Fresh baby spinach, sliced grilled chicken, cranberries, golden raisins, bleu cheese, bacon, red onions, sliced apples and spicy pecans tossed in balsamic vinaigrette

COBB SALAD

AL

Mixed salad greens, sliced grilled chicken, bacon, tomatoes, avocado, chopped egg and bleu cheese. Served with a choice of dressing

GREEK SALAD

Sliced grilled chicken with roasted tomatoes, red onion, artichoke hearts, feta cheese, kalamata olives, diced tomatoes and Parmesan croutons tossed with salad greens in an herb vinaigrette dressing.



ARIZONA TURKEY

Smoked turkey breast on grilled sourdough with bacon, avocado, tomato, mayonnaise, Cheddar and Monterey Jack cheeses.

REUBEN (CLASSIC OR TURKEY) Corned beef or smoked turkey, melted Swiss cheese, Thousand Island dressing and Bavarian sauerkraut on grilled rye bread.

CHEDDAR CHEESEBURGER*

Grilled burger patty topped with melted Cheddar cheese, shredded lettuce, sliced tomato and mayonnaise. Add bacon

GRILLED CHICKEN

A grilled chicken breast topped with melted Cheddar cheese, shredded lettuce, sliced tomato and mayonnaise



A tomato tortilla rolled with sliced grilled chicken, pepper jack cheese, tomato, lettuce and ranch dressing.



SOUP OF THE DAY bowl сир Made from scratch. Offered at 10:00 am daily.

GARDEN SALAD Mixed greens topped with carrots, tomatoes, Parmesan croutons, Monterey Jack and Cheddar cheeses. Served with your choice of dressing.

sandwich and a garden salad. 1/2 SANDWICH WITH SOUP OR GARDEN SALAD Your choice of a half sandwich with a bowl of

Combo 1/2 sandwich options include: Reuben

Apple Croissant, Arizona Turkey or BLT.

(Classic or Turkey), Chicken Apple Walnut, Turkey

A cup of homemade soup, your choice of a half

SOUP & GARDEN SALAD A bowl of homemade soup with a garden salad.



RANCH POTATOES WITH SOUR CREAM ADD CHEESE LOADED Pork green chili, melted cheese, diced bacon, sour cream and green onions. STEEL CUT OATMEAL cup or bowl **GRITS** cup or bowl SWEET MUFFIN SEASONAL FRESH FRUIT BOWL

BISCUIT & GRAVY TWO EGGS* ONE EGG* BACON (3 PIECES) PORK OR TURKEY SAUSAGE PATTIES **GRILLED HAM ENGLISH MUFFIN OR TOAST** LOW-FAT COTTAGE CHEESE

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МАКЕ ІТ А СОМВО ADD 2 Eggs and 2 Strips of Bacon or Sausage Patties